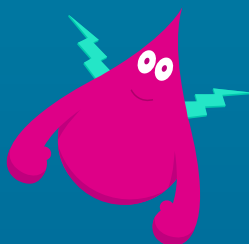




¡Hola! Me llamo Beverley.
I'm a psychotherapist who studied Drama and Spanish. Learning a language has really helped my career!



What did you study?

My original degree was in Drama and Spanish.

What is the best aspect about your job?

Being able to offer support to people when they need it and to see how they can transform their lives with even the smallest of input.

How has this affected/informed your career choice? What skills do you use?

I taught English as a Foreign Language and Spanish before training as a psychotherapist. I decided to focus on therapy in multilingual contexts.

How useful is it to have another language in your daily life?

Invaluable. I have recently conducted couples therapy with Spanish and Latin American couples who would have been unable to access the support they needed if it had not been possible to have a Spanish-speaking therapist.

How many languages do you speak?

Spanish – learned at school, university and in Spain and Latin America.

